



# Reflections from 'Breaking the Silence'

Insights from Seed Grant Implementation  
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Intersex Society of Zambia (ISSZ)



GLOBAL NETWORK OF  
YOUNG PEOPLE  
LIVING WITH HIV



Kingdom of the Netherlands

## Overview



- Experience Summary
- Impact of the Seed Grant
- Best Practices Identified
- Module Development Insights

# How the Experience Was



- Facilitated sensitization workshops with media, healthcare providers, and community members.
- Introduced intersex awareness in spaces where it was previously absent.
- Saw positive shifts in attitudes and increased openness to dialogue.

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## How It Helped

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- Improved facilitation and session planning skills.
- Strengthened connections with key sectors: media and healthcare.
- Built community trust through direct engagement and support.



# Best Practices

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- 1. Centering Lived Experiences:
  - - Personal stories helped dismantle myths and promote empathy.
- 2. Diversifying Engagement:
  - - Used radio, social media, workshops, and support groups for wider impact.
- 3. Combining Support & Education:
  - - Reimbursements, refreshments, and counselling made sessions holistic.
- 4. Measuring Change:
  - - Pre/post workshop surveys guided our learning approach.



# Next Steps: what we are doing

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- Focus on adaptability across different community contexts.



# Thank You

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A banner for the INTERSEX SOCIETY MUMBA is visible in the background of the group photo. The banner is purple and white with the text "INTERSEX SOCIETY MUMBA" and a logo featuring a stylized figure.